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All-Sports Competition 2

Boys Baseball 3

Boys Basketball 4

Boys Cross Country 5

Boys Football 6

Boys Golf 8

Boys Hockey

Boys Soccer

Boys Tennis 9

Boys Track and Field 10

Boys Wrestling 11

Girls Basketball 12

Girls Cross Country 13

Girls Golf 14

Girls Gymnastics 15

Girls Soccer

Girls Softball 16

Girls Tennis 17

Girls Track and Field 18

Girls Volleyball 19

0
6
6
1
1
6
8
6
1



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1989 - 90 --- Rank

First=6, Second=5, Third=4, Fourth=3, Fifth=2, Sixth=1 (Points adjusted based on number of schools participating)

<u>Schools</u>	<u>Holmen</u>	<u>Central</u>	<u>Logan</u>	<u>Onalaska</u>	<u>Sparta</u>	<u>Tomah</u>	<u>Aquinas</u>
B Cross Country	2	5	6	1	4	3	---
G Cross Country	3	4	2	---	1	---	---
G Tennis	1	5	2	3.5	---	3.5	---
G Golf	1	4	2	5	3	---	---
B Football	4	6	4	4	2	1	---
G Volleyball	1	5.5	5.5	3	2	4	---
B Basketball	3	4	6	5	2	1	---
G Basketball	1.5	6	3	4.5	1.5	4.5	---
G Gymnastics	4	5	2	3	1	---	---
B Wrestling	5	6	4	1	3	2	---
B Baseball	---	4.5	4.5	---	3	---	---
G Softball	4	6	5	3	---	---	---
B Track	3	2	6	5	4	1	---
G Track	2	6	5	1	3	4	---
B Golf	4	3	2	5.5	5.5	1	---
B Tennis	3	6	4	5	2	1	---
<u>Overall Points</u>	<u>41.5</u>	<u>78.0</u>	<u>63.0</u>	<u>49.5</u>	<u>37.0</u>	<u>26.0</u>	<u>---</u>
<u>Schools</u>	<u>Holmen</u>	<u>Central</u>	<u>Logan</u>	<u>Onalaska</u>	<u>Sparta</u>	<u>Tomah</u>	<u>Aquinas</u>
<u>Overall Rank</u>	<u>4</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>---</u>



1989-90--BOYS BASEBALL



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MVC Standings

School	Wins	Losses
Central	10	2
Logan	6	2
Onalaska	3	5

All-Conference

First Team All-Conference

Chris Block	Central
Chris Clower	Central
Kevin Quinn	Central
John Rogowski	Logan
Brian Soller	Logan
Scott Ferrier	Logan
John Harlos	Onalaska
Brian Bott	Onalaska
Mike Gasper	Sparta
Bryan Edwards	Sparta
Chris Storbeck	Tomah

Second Team All-Conference

Steve Dannhoff	Central
Chris Schams	Central
Rod Hutchens	Logan
Josh Erickson	Logan
Mike McArdle	Logan
Kevin Weigel	Onalaska
Eric Hammes	Onalaska
Mark Slotten	Sparta
Mike Gnewikow	Tomah

Honorable Mention

Mike Sather	Logan
Shane Rolff	Onalaska
Mike Hoeft	Sparta
Jason Pulhum	Sparta
Rick Kaebisch	Tomah

Player of the Year

?

Individual Statistics--Batting

(Minimum 20 AB)

NAME	SCHOOL	AB	1st	2nd	3rd	HR	Walk	Run	Avg
John Rogowski	Logan	23	10	2	1	2	7	7	.652
Brian Soller	Logan	27	15	0	1	0	4	15	.593
Brian Bott	Onalaska	22	7	3	0	0	4	4	.455
Mike Sather	Logan	22	8	2	0	0	4	5	.455
Rod Hutchens	Logan	28	10	1	0	1	6	11	.429
Chris Clower	Central	26	7	3	0	1	4	10	.423
John Harlos	Onalaska	22	7	2	0	0	4	3	.409
Kevin Quinn	Central	22	4	5	0	0	6	5	.409
Chris Block	Central	28	8	3	0	0	3	8	.393
Mike Gnewikow	Tomah	26	6	2	2	0	4	9	.385
Scott Ferrier	Logan	30	6	2	0	3	4	10	.367
Chris Storbeck	Tomah	25	3	4	0	2	4	6	.360
Chris Schams	Central	24	7	1	0	0	2	7	.333
Josh Erickson	Logan	21	1	6	0	0	4	6	.333
M. Boldt	Central	29	5	3	0	0	4	7	.276

Individual Statistics--Pitching

(Minimum 20 innings pitched)

NAME	SCHOOL	W	L	IP	ERA
Joe Smith	Central	3	2	55	3.25
Mike McArdle	Logan	3	1	20	6.10
Scott Ferrier	Logan	3	1	23	2.74

Team Statistics

(Minimum 20 AB)

SCHOOL	AB	1st	2nd	3rd	HR	Walk	Run	Avg
Central	440	180	30	10	4	80	180	.529
Logan								
Holmen								
Onalaska								
Sparta								
Tomah								



1989-90--BOYS BASKETBALL

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MVC Standings

School	Wins	Losses
Logan	10	0
Onalaska	8	2
Central	4	6
Tomah	3	7
Holmen	3	7
Sparta	2	8

All-Conference

First Team All-Conference

Rick Betz	11	Central
Rob Busby	12	Tomah
John Evans	12	Logan
John Dietrich	12	Onalaska
Brian Soller	12	Logan
James Vacek	10	Holmen

Second Team All-Conference

Scott Ferrier	12	Logan
Jeff Fisher	12	Sparta
Matt Henne	12	Onalaska
Gregg Mueller	10	Onalaska
Mike Pierce	12	Tomah

Honorable Mention

Todd Manske	Holmen
Matt Braund	Holmen
Mike Boldt	Central
Mike McArdle	Logan
Alex Parcher	Logan
Brian Bott	Onalaska
Bryan Edwards	Sparta
Chad Cook	Sparta
Cory Vieth	Sparta
Casey Noble	Tomah

Player of the Year

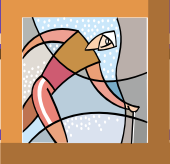
John Evans	12	Logan
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Individual Statistics

NAME	SCHOOL	3 pt		2 pt		1 pt		FLS	TOT. RBND	TOT. PTS	AVG
		FGM	FGA	FGM	FGA	FTM	FTA				
John Evans	Logan	26	53	70	121	35	37	21	77	253	25.3
Rob Busby	Tomah	0	0	68	115	27	46	77	38	163	16.3
Rick Betz	Central	4	13	44	92	36	54	21	54	136	13.6
James Vacek	Holmen	19	38	23	57	27	41	22	24	130	13.0
Mike Pierce	Tomah	2	2	46	112	18	32	36	56	116	11.6
Brian Soller	Logan	0	2	47	74	21	40	23	17	115	11.5
Jeff Fisher	Sparta	7	23	37	94	18	41	27	22	113	11.3
John Dietrich	Onalaska	0	2	44	99	23	41	17	51	111	11.1
Matt Henne	Onalaska	0	0	38	78	33	50	26	46	109	10.9
Cory Vieth	Sparta	4	13	35	84	19	28	31	41	101	10.1
Scott Ferrier	Logan	6	18	32	51	17	24	11	18	99	9.9
Bryan Edwards	Sparta	0	1	37	87	20	29	32	62	94	9.4
Gregg Mueller	Onalaska	1	3	39	80	12	22	27	54	93	9.3
Matt Braund	Holmen	3	8	30	67	23	32	31	41	92	9.2
Mike McArdle	Logan	0	0	34	45	21	28	26	48	89	8.9
Chad Cook	Sparta	1	2	33	67	20	36	17	42	89	8.9
M Tabor	Holmen	0	2	27	49	24	34	17	28	78	7.8
T Manske	Holmen	1	12	25	70	24	36	42	56	77	7.7
Brian Bott	Onalaska	13	36	11	38	12	20	21	27	73	7.3
Mike Boldt	Central	5	20	13	42	27	42	25	44	68	6.8

Team Statistics

TEAM	3 pt		2 pt		1 pt		FOULS	TOT. RBND	POINTS FOR	POINTS AGAINST	AVG PTS FOR	AVG PTS AGST
	FGM	FGA	FGM	FGA	FTM	FTA						
Logan	45	103	269	461	149	227	161	308	822		82.2	
Holmen	25	78	187	425	143	210	188	239	592		59.2	
Tomah	23	72	194	442	96	156	177	248	555		55.5	
Onalaska	21	62	182	415	127	205	152	271	554		55.4	
Sparta	16	49	185	459	126	211	209	272	540		54.0	
Central	15	66	145	372	123	219	159	261	453		45.3	



1989-90 Boy's Cross Country

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MVC Standings

1989: Central Host @ Myrick Park

Logan	30
Central	43
Sparta	65
Tomah	132
Holmen	136
Onalaska	144

Individual Champion 5000 Meters

John Wenzel, Sparta 15:54

All-Conference

First Team All-Conference

John Wenzel	15:54.3	... Sparta
Gordy Buchner	15:59 Logan
Andy Esten	16:20 Logan
Rob Zupancich	16:27 Tomah
Todd Agger	16:39 Central
Ren Ruston	16:46 Logan
Dom Newman	16:49 Logan

Second Team All-Conference

Manish Harpalani	16:52 Central
Jory Deml	16:55 Central
Sean Agger	16:55 Central
Chris Wood	16:57 Central
John Pfeiffer	17:00 Logan
Pat McKenna	17:04 Sparta
BJ St Clair	17:08 Central

Honorable Mention

Eric Pfaff	17:14 Logan
Trent Davenport	17:18 Sparta
Shannon Molstad	17:25 Sparta
Eric Hill	17:27 Sparta
Travis Haggard	17:28 Central
Adrian Fischer	17:39	... Holmen
Jody Horman	17:44	Onalaska

Runner of the Year

John Wenzel Sparta



1989-90--BOYS FOOTBALL

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MVC Standings

School	Wins	Losses
Sparta	1	4

All-Conference

Offense All-Conference Ends

- M Tackles
- D Guards
- S Center
- C Quarterback
- B Running Backs
- P
- J

Player of the Year (unanimous)
S

All-Conference

Defense All-Conference Ends

- M Linemen
- D Linebackers
- S Defensive Backs
- K

Specialists All Conference Punter

- J Place Kicker
- Kyle Biermeier Central
- J Return Runner

All-Conference

Honorable Mention
K

Individual Statistics--Other Stats

Kickoff Returns (Min. 5)

	Name	Sc	No.	Avg.	TD's
1					
2					
3					
4					
5					
6					

Punt Returns (Min. 5)

	Name	Sc	No.	Avg.	TD's
1	Jeff Fisher	S	3	29.0	1
2					
3					
4					
5					
6					

Interceptions

	Name	Sc	No.	Yards	TD's
1	Paul Zimmerman	S	2	0	0
2	Bryan Edwards	S	1	8	0
3	Mike Luther	S	1	4	0
4					
5					
6					

Punting (Min. 15)

	Name	Sc	No.	Avg.	Long
1	Jamie Burnham	S	22	30	
2					
3					
4					
5					
6					



1989-90--BOYS FOOTBALL

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Individual Statistics--Passing

	<u>Name</u>	<u>School</u>	<u>Att</u>	<u>Comp</u>	<u>Yards</u>	<u>TD's</u>	<u>Int's.</u>
1	Jeff Rainwater	Sparta	47	17	119	1	
2	Jeff Fisher	Sparta	13	5	62	1	
3	Jason Smith	Sparta	1	0	0	0	
4							
5							
6							
7							
8							
9							
10							

Individual Statistics--Rushing

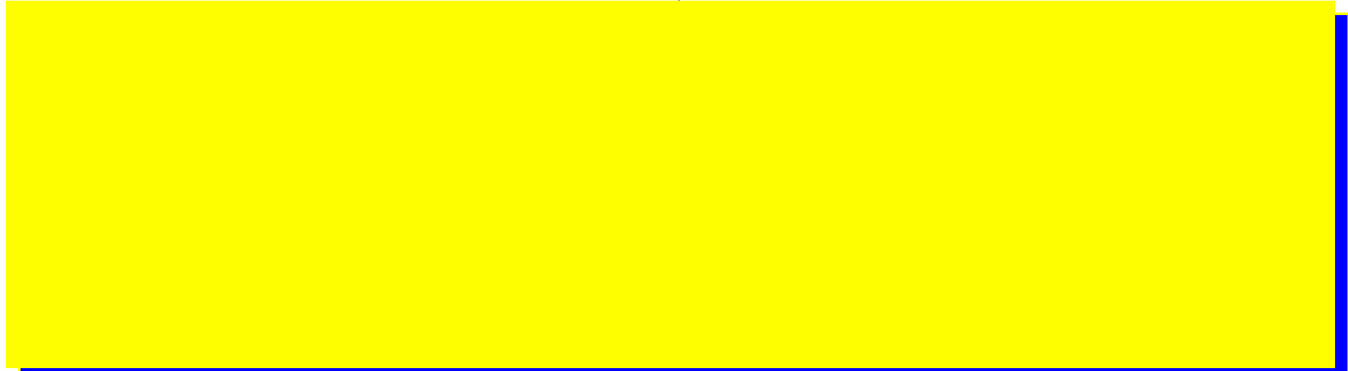
	<u>Name</u>	<u>School</u>	<u>Att</u>	<u>Yards</u>	<u>TD's</u>	<u>Long</u>
1	Jeff Fisher	Sparta	55	217		3.9
2	Jason Smith	Sparta	47	194		4.1
3	Jamie Burnham	Sparta	40	162		4.1
4	Jon Baudek	Sparta	3	33		4.1
5	Bryan Edwards	Sparta	7	18		2.6
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

Individual Statistics--Receiving

	<u>Name</u>	<u>School</u>	<u>Repts.</u>	<u>Yards</u>	<u>TD's</u>	<u>Long</u>
1	Jeff Fisher	Sparta	7	18	1	
2	Bryan Edwards	Sparta	6	65	0	
3	Jamie Burnham	Sparta	5	45	0	
4	Jon Baudek	Sparta	3	38	1	
5	Mike Forbes	Sparta	1	15	0	
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

Individual Statistics--Scoring

	<u>Name</u>	<u>School</u>	<u>TD's</u>	<u>FG's</u>	<u>1X</u>	<u>2X</u>	<u>SY</u>	<u>Total</u>
1	Jeff Fisher	Sparta	3	0	0	2	0	22
2	Jamie Burnham	Sparta	1	0	0	1	0	8
3	Jason Smith	Sparta	1	0	0	0	0	6
4	Jon Baudek	Sparta	1	0	0	0	0	6
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								





1989-90 BOY'S GOLF

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MVC Standings

1989:

Onalaska
Sparta
Holmen
Central
Logan
Tomah

All-Conference

First Team All-Conference

Tony Dohms	Sparta
Travis Becker	Holmen
Mark Bernadot	Central
Dan Mylott	Sparta
Ryan Luecke	Onalaska

Second Team All-Conference

Brad Schaller	Onalaska
Mike Fores	Sparta
Darrin Vieth	Sparta
Don Barkauskas	Logan
Ray Habelman	Tomah

Honorable Mention

Chris Dirks	Onalaska
Derek Stout	Onalaska
Pat Strupp	Logan
Jamie Loss	Onalaska
Chuck Johnson	Holmen

Player of the Year

Tony Dohms	Sparta
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1989-90 Boys TENNIS

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MVC Standings

Regular Season Standings

School	Record
Central	5-0
Onalaska	4-1
Logan	3-2
Sparta	2-3
Holmen	1-4
Tomah	0-5

Tournament Standings

School	Points
Central	6
Onalaska	5
Logan	4
Holmen	3
Sparta	2
Tomah	1

Total Points--Season

School	Reg+Tourn Pts
Central	11
Onalaska	9
Logan	7
Holmen	4
Sparta	4
Tomah	1

All-Conference

First Tee All Conference

Singles

Dan Anderson	#1 ..	Onalaska
Don Lee	#1	Central

Doubles

Scott Barrett	#1	Central
Ian Kang	#1	Central
John Welty	#1	Sparta
Cory Olson	#1	Sparta

Second Team All Conference

Singles

Shawn Cooper	#2	Logan
Scott Polander	#2	Central

Doubles

Karl Wetzsteon	#2 ..	Onalaska
Brian Munn	#2 ..	Onalaska
Scott Spiker	#2	Holmen
Andy McClure	#2	Holmen

Honorable Mention

Singles

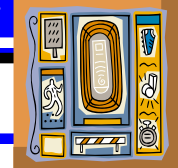
Kyle Antony	Logan
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Doubles

Ryan Nelson	Central
Chris Peck	Central



1989-90 BOY'S TRACK & FIELD



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MVC Standings

Meet Host: @Tomah

Table with 2 columns: School Name and Points. Rows include Logan (108), Onalaska (98), Sparta (89), Holmen (84), Central (78), and Tomah (67).

100 Meters

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 R Bean (Onalaska, 11.2), 1 M Krueger (Onalaska, 11.2), 1 R Westlund (Sparta, 11.2).

200 Meters

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 R Bean (Onalaska, 23.1), 2 R Westlund (Sparta, 23.2), 3 M Krueger (Onalaska, 23.3).

400 Meters

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 R Westlund (Sparta, 50.0), 1 R Bean (Onalaska, 50.0), 3 J Breecher (Logan, 52.5).

800 Meters

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 J Wenzel (Sparta, 2:00.6), 2 Andy Esten (Logan, 2:03.0), 3 D Robinson (Holmen, 2:03.6).

1600 Meters

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 J Wenzel (Sparta, 4:30.2), 2 Andy Esten (Logan, 4:32.2), 3 R Zupanich (Tomah, 4:34.0).

3200 Meters

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 Sean Agger (Central, 10:03.4), 1 Gordy Buchner (Logan, 10:03.4), 3 J Pfeiffer (Logan, 10:12.0).

110 High Hurdles

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 L Donna (Holmen, 15.7), 2 J Dietrich (Onalaska, 15.9), 2 T Horstman (Tomah, 15.9).

300 Intermediate Hurdles

Table with 2 columns: Rank, Name, School, Time. Top entries: 1 L Donna (Holmen, 41.5), 2 T Horstman (Holmen, 42.1), 3 J Stoeckly (Central, 43.5).

400 Relay

Table with 2 columns: Rank, School, Time. Top entries: 1 Onalaska (45.3), 2 Logan (45.5), 3 Central (45.6).

1600 Relay

Table with 2 columns: Rank, School, Time. Top entries: 1 Logan (3:33.2), 2 Central (3:35.6), 3 Sparta (3:36.2).

3200 Relay

Table with 2 columns: Rank, School, Time. Top entries: 1 Sparta (8:28.2), 2 Central (8:30.5), 3 Onalaska (8:30.7).

Pole Vault

Table with 2 columns: Rank, Name, School, Height. Top entries: 1 M Pierce (Tomah, 13'0"), 2 M DeGarmo (Central, 12'6"), 3 S Pierce (Tomah, 12'0").

High Jump

Table with 2 columns: Rank, Name, School, Height. Top entries: 1 B Soller (Central, 5'10"), 2 Busby (Tomah, 5'8"), 3 E Gansen (Central, 5'8").

Long Jump

Table with 2 columns: Rank, Name, School, Distance. Top entries: 1 J Dietrich (Onalaska, 21'0 3/4"), 2 R Bean (Onalaska, 20'7 1/4"), 3 J Jeffers (Sparta, 19'9 1/2").

Triple Jump

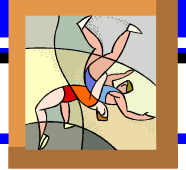
Table with 2 columns: Rank, Name, School, Distance. Top entries: 1 J Dietrich (Onalaska, 43'8"), 2 C Yang (Logan, 41'5"), 3 P Wright (Tomah, 40'2 3/4").

Shot Put

Table with 2 columns: Rank, Name, School, Distance. Top entries: 1 RO'Leary (Tomah, 52'2 3/4"), 2 S Banashak (Holmen, 49'1"), 3 S Schilling (49'0 1/2").

Discus

Table with 2 columns: Rank, Name, School, Distance. Top entries: 1 RO'Leary (Tomah, 145'2"), 2 C Kathan (Holmen, 139'10"), 3 C Polhemus (Tomah, 136'5").



1989-90 Boy's WRESTLING

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MVC Standings

Meet Host:

Central	204.5
Holmen	142.0
Logan	130.0
Sparta	123.0
Tomah	80.0
Onalaska	19.5
-	

All-Conference

103 Pounds

- 1 Eric Jetton Central
- 2 Scott Bush Logan
- 3 Bob Bemis Tomah

112 Pounds

- 1 Scott Mathison Holmen
- 2 Jeff Pedretti Logan
- 3 Jason Finch Tomah

119 Pounds

- 1 Tracy Tobin Holmen
- 2 Mike Wilson Logan
- 3 Rick Bailey Central

125 Pounds

- 1 Jeff Erickson Sparta
- 2 Chris Bahr Central
- 3 Jason Melby Logan

130 Pounds

- 1 Trevor Pulizzano Central
- 2 Paul Leuck Sparta
- 3 Craig Olson Onalaska

135 Pounds

- 1 Jeff Foss Tomah
- 2 Mark Pfaff Sparta
- 3 Jennings Kettleison Onalaska

140 Pounds

- 1 Jason Atkinson Holmen
- 2 Mark Running Logan
- 3 Brian Jetton Central

145 Pounds

- 1 Rick Schermerhorn Central
- 2 Jamie Nelson Holmen
- 3 Brad Gilbertson Sparta

152 Pounds

- 1 Rob Kimpel Sparta
- 2 Ryan Langan Central
- 3 Chris Novinska Logan

160 Pounds

- 1 Chad Anderson Holmen
- 2 Scott Shaver Logan
- 3 Matt Lenski Sparta

171 Pounds

- 1 Brian Weaver Central
- 2 Tim Pedretti Holmen
- 3 Aaron Fuchs Logan

189 Pounds

- 1 Scott Weaver Central
- 2 Charlie Schwabenbaur Holmen
- 3 Travis Brooks Sparta

Heavyweight

- 1 Dan Ehrenberger Central
- 2 Ed Youngs Tomah
- 3 Jason Smith Sparta



1989-90--GIRL'S BASKETBALL

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MVC Standings

School	Wins	Losses
Central	9	1
Onalaska	7	3
Tomah	7	3
Logan	5	5
Holmen	1	9
Sparta	1	9

All-Conference

First Team All-Conference

Karmen Biermeier	12	Central
Tammy Meyer	12	Holmen
Beth Onsrud	12	Logan
Tina Peek	10	Onalaska
Rhonda Rice	10	Tomah
Lisa Werner	12	Central

Second Team All-Conference

Teri Betthausen	12	Tomah
Gretchen Haggerty	11	Logan
Carrie Herold	12	Central
Shayn Johnson	12	Onalaska
Tara Walters	12	Logan
Tara Zuhlsdorf	11	Tomah

Honorable Mention

JoAnne Ronnie	Holmen
Kristie Miller	Central
Terri Roden	Central
Marcy Brieske	Onalaska
Melonie Clay	Tomah

Player of the Year

Karmen Biermeier	12	Central
Rhonda Rice	10	Tomah

Individual Statistics

NAME	SCHOOL	3 pt FGM FGA	2 pt FGM FGA	1 pt FTMFTA	FLS	TOT. RBND	TOT. PTS	AVG
Karmen Biermeier	Central							
Tina Peek	Onalaska							
Rhonda Rice	Tomah							
Tammy Meyer	Holmen							
Kristi Miller	Central							
Teri Betthausen	Tomah							
Tara Walters	Logan							
Beth Onsrud	Logan							
Shayn Johnson	Onalaska							

Team Statistics

TEAM	3 pt FGMFGA	2 pt FGMFGA	1 pt FTMFTA	FOULS	TOT. RBND	POINTS FOR	POINTS AGAINST	AVG PTS FOR	AVG PTS AGST
Central									
Onalaska									
Tomah									
Logan									
Holmen									
Sparta									
-									



1989-90 GIRL'S CROSS COUNTRY

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MVC Standings

1989: Central Host @ Myrick Park

Central	15
Holmen	59
Logan	75
Sparta	108
Onalaska	Inc
Tomah	Inc

Individual Champion ... 3200 Meters
 Teri Roden, Central 12:33.2

All-Conference

First Team All-Conference

Teri Roden	12:33.2	.. Central
Shannon McKinney	12:33 Central
Lori Schmaltz	12:53 Central
Kris Brieske	13:03 Central
Rachel Struthers	13:03 Central
Amy Kendhammer	13:04 Central
Maria Schilling	13:06 Central

Second Team All-Conference

Lori Ehlo	13:14 Logan
Erin Daily	13:15	... Holmen
Claudette Rastall	13:21	... Holmen
Jill Bassuener	13:29 Logan
Michelle Rastall	13:30	... Holmen
Rhonda Rice	13:40 Tomah
Tera Olson	13:51	... Holmen

Honorable Mention

Christy Flock	Sparta
Nancy Young	Holmen
Cindy Jacobson	Holmen
Heidi Thorson	Logan
Fern Uglem	Holmen
Jennifer Brazgel	Logan
Jenni Fossum	Logan

Player of the Year

Teri Roden Central



1989-90 GIRL'S GOLF

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MVC Standings

1989:

Onalaska
Central
Sparta
Logan
Holmen
Tomah dnc

All-Conference

First Team All-Conference

Shayne Johnson	Onalaska
Jenny Betz	Central
Jill Meyers	Central
Mellisa Murphy	Onalaska
Lynn Hayek	Onalaska

Second Team All-Conference

Tina Peek	Onalaska
Beth Onsrud	Logan
Kim Grout	Onalaska
Jennifer Zucco	Sparta
Wendy Shepard	Central

Honorable Mention

Mindy Lawnicki	Central
Sara Kish	Central
Lori Olson	Sparta
Sara Roels	Sparta
Kim Schwandt	Central

Player of the Year

Shayne Johnson	Onalaska
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1989-90 GIRL'S GYMNASTICS

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MVC Standings

1989:

Central
Holmen
Onalaska
Logan
Sparta
Tomah dnc

All-Conference

Balance Beam

Jeannie Wahlen	1st	Central
Janel Knee	2nd	Logan
Theresa Risberg	HM	Holmen

Vault

Amy Terhorst	1st	Central
Jeannie Wahlen	2nd	Central
Karen Smith	HM	.	Onalaska

Uneven Bars

Jeannie Wahlen	1st	Central
Sara Krause	2nd	Central
Sara Mathison	HM	Holmen

Floor Exercise

Jeannie Wahlen	1st	Central
Karen Huth	2nd	.	Onalaska
Sara Krause	HM	Central

All-Around

Jeannie Wahlen	1st	Central
Sara Krause	2nd	Central
Karen Huth	HM	.	Onalaska



1989-90--GIRL'S SOFTBALL



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MVC Standings

Table with columns: School, Wins, Losses. Rows: Central (8, 2), Logan (7, 3), Holmen (6, 4), Onalaska (5, 5), Sparta, Tomah.

All-Conference

First Team All-Conference

- Rhonda Ender Holmen
Robyn Knutson Holmen
Cathy Tschumper Central
Amy Olson Central
Karmen Biermeier Central
Nikki Collins Logan
Lori Thompson Logan
Tina Peek Onalaska
Jenny Sullivan Onalaska
Cindy Torgerud Onalaska
Amy Wanlass Sparta
Teri Betthausen Tomah

Second Team All-Conference

- Marci Braund Holmen
Jana Haag Holmen
Karen Hartwig Holmen
Cassie Bjerke Central
Sara Kottmer Central
Inga Wing Logan
Jill Brandt Logan
Lana McCumber Logan
Tracey DeFlorian Onalaska
Colleen Smick Onalaska
Steph Mulry Sparta
tracy Snelling Tomah

Honorable Mention

- Heide Neubauer Holmen
Jenny Elsen Central
Dawn Roher Onalaska
Tara Hollmann Sparta
Nicole Pierce Tomah

Player of the Year

?

Individual Statistics--Batting

Table with columns: NAME, SCHOOL, AB, 1st, 2nd, 3rd, HR, Walk, Run, Avg. Rows: Karmen Biermeier, C Torgerud, Tracy DeFlorian, Cathy Tschumper, T Snelling, S Kottmer, Tina Peek, Jill Brandt, Wendy Kellicut, Jenny Elsen.

Individual Statistics--Pitching

Table with columns: NAME, SCHOOL, W, L, IP, ERA. Rows: Karmen Biermeier, Lori Thompson.

Team Statistics

Table with columns: SCHOOL, AB, 1st, 2nd, 3rd, HR, Walk, Run, Avg. Rows: Central, Logan, Holmen, Onalaska, Sparta, Tomah.



1989-90 GIRL'S TENNIS



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MVC Standings

Central
Onalaska
Tomah
Logan
Holmen
Sparta dnc

All-Conference

First Team All Conference

Singles

Angie Robarge 1st Central

Doubles

The

Second Team All Conference

Singles

Je

Doubles

T

Honorable Mention

Singles

Jea

Doubles

Th



1989-90 GIRL'S TRACK & FIELD

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MVC Standings
Meet Host: @Tomah
 Central 177
 Logan 142
 Tomah 88
 Sparta 52
 Holmen 44
 Onalaska 20

100 Meters

- 1 H Zenker Central
- 2 B Bushek Central
- 3 Megan Pfeiffer Logan
- 4
- 5
- 6

200 Meters

- 1 H Zenker Central
- 2 T Olson Central
- 3 Karee Dunham Logan
- 4
- 5
- 6

400 Meters

- 1 Karee Dunham Logan
- 2 Nikki Fairbanks ... Holmen
- 3 S Brockman Tomah
- 4
- 5
- 6

800 Meters

- 1 Beth Onsrud Logan
- 2 M Shilling Central
- 3 Erin Daily Holmen
- 4
- 5
- 6

Shot Put

- 1 J Beck Tomah
- 2 S Green Sparta
- 3 D Nicks Tomah
- 4
- 5
- 6

1600 Meters

- 1 S McKinney Central
- 2 Teri Roden Central
- 3 Nadia Kader Logan
- 4
- 5
- 6

3200 Meters

- 1 S McKinney Central
- 2 Nadia Kader Logan
- 3 L Schmaltz Central
- 4
- 5
- 6

400 Relay

- 1 Central
- 2 Tomah
- 3 Logan
- 4
- 5
- 6

800 Relay

- 1 Central
- 2 Tomah
- 3 Onalaska
- 4
- 5
- 6

1600 Relay

- 1 Logan
- 2 Central
- 3 Tomah
- 4
- 5
- 6

3200 Relay

- 1 Sparta
- 2 Central
- 3 Holmen
- 4
- 5
- 6

100 High Hurdles

- 1 Kristi Miller Central
- 2 J Virata Central
- 3 Meredith Jeranek Logan
- 4
- 5
- 6

300 Low Hurdles

- 1 Kristi Miller Central
- 2 J Virata Central
- 3 Meredith Jeranek Logan
- 4
- 5
- 6

High Jump

- 1 Tara Zuhlsdorf Tomah
- 2 Meredith Jeranek Logan
- 2 Lori Ehlo Logan
- 4
- 5
- 6

Long Jump

- 1 Megan Pfeiffer Logan
- 2 W Abbott Sparta
- 3 R Anderson Tomah
- 4
- 5
- 6

Triple Jump

- 1 Megan Pfeiffer Logan
- 2 H Zenker Central
- 3 R Anderson Tomah
- 4
- 5
- 6

Discus

- 1 J Beck Tomah
- 2 S Foster Logan
- 3 T Zuhlsdorf Tomah
- 4
- 5
- 6



1989-90--GIRLS VOLLEYBALL

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MVC Standings

School	Wins	Losses
Central		
Logan		
Tomah		
Onalaska		
Sparta		
Holmen		

Individual Statistics

Serving Percentage

(Minimum 20 Serves)

NAME	SCHOOL	PERCENT
Karmen Biermeier	Central	

Assists

(Minimum 20 Serves)

NAME	SCHOOL	NUMBER
Karmen Biermeier	Central	

All-Conference

First Team All-Conference

Karmen Biermeier	Central
Lori Thompson	Logan
Nikki Wuensch	Logan
Karen Huth	Onalaska
Heather Wood	Sparta
Tara Zuhlsdorf	Tomah

Second Team All-Conference

Cathy Tschumper	Central
Casi Bjerke	Central
Sara Evans	Logan
Kim Mader	Onalaska
Heather Selbrede	Sparta
Teri Betthausen	Tomah

Honorable Mention

Joan Ronnie	Holmen
Rhonda Ender	Holmen
Shannon Lunde	Central
Nikki Collins	Logan
Gretchen Haggerty	Logan
Jenny Larson	Onalaska
Amy Wanlass	Sparta
Nicole Pierce	Tomah

Player of the Year

Karmen Biermeier	Central
Lori Thompson	Logan

Kills/Spikes

(Minimum 20 Serves)

NAME	SCHOOL	POINTS
Karmen Biermeier	Central	

Aces/Kills Total Points

(Minimum 20 Serves)

NAME	SCHOOL	POINTS
Karmen Biermeier	Central	

Team Statistics

SCHOOL	(Min)						
	Hit%	Kills	Assists	Aces	Blks	Digs	Other
Central	92%	180	30	60	41	80	180
Logan							
Holmen							
Onalaska							
Sparta							
Tomah							